

Charleston Dorchester Mental Health Center

Recovery Plan

Policy:

It is the policy of the Center to promote the client/family's active participation in preparing the recovery oriented treatment plan that builds on the client/family's strengths, needs, abilities and preferences.

Procedures:

1. The Recovery Plan (RP) is prepared with client/family input following a thorough bio-psycho-social assessment of the client and family.
2. The RP utilizes the expressed goals of the consumer and family whenever possible and is reflective of informed choice.
3. The Recovery Plan:
 - is appropriate to the client's culture and age
 - is prepared in the client's primary language and written so it is understandable to the client
 - belongs to the client so s/he is given a copy
 - reflects the client's strengths, needs, abilities and preferences
 - has specific treatment goals and objectives that are achievable and measurable
 - identifies needs beyond the scope of a program
 - is responsive to the client's needs
 - identifies referrals needed for additional services
 - includes the indicators for transition to less intensive services, or discharge
 - includes prompts for assessment of trauma and co-occurring substance abuse/dependence, if apropos
 - focuses on community integration, family and support systems
 - is of twelve months duration
4. The case manager and client review the Recovery Plan every ninety (90) days, documenting the client's progress on the 90-, 180, 270, 360- Day Progress Summary (except after initial admission when the first 90-Day is omitted).
5. The case manager is responsible for orienting the client to the Center and services, implementing the Recovery Plan, coordinating the treatment services, communicating with the treatment team, and monitoring the client's participation and progress.

Deborah S. Blalock

Deborah S. Blalock.
Executive Director

11/13/08
Date

Susan T. Monogan

Susan T. Monogan
Quality Improvement Director

11/5/08
Date